



Our 39th Year
Coastal CaNEWS
Newsletter of Coastal Canoeists Summer 2004

DEDICATED TO THE PRESERVATION AND ENJOYMENT OF WILDERNESS WATERWAYS

The Quartermaster

Andria Jones & Ginny Newton

This past fall, a lot of stress was created by the Chuck Wagon being a no-show at the fall meeting's annual pig roast. With no Quartermaster (QM) to transport the trailer to the quarterly meetings since Wally relinquished the position, the Chuck Wagon has been a no-show at quite a few meetings recently. This led to creating a committee to submit recommendations regarding the Chuck Wagon. We recommend the QM's position be re-evaluated.

The committee feels that providing meals at quarterly meetings is an important factor in obtaining new and retaining old members. A sit-down meal allows old and new members to interact on a personal level and to continue the friendships and conversations that were started on the river or in the campground earlier in the day.

In late October 2003, the committee's message on the message board received a small number of responses. The consensus of the responses seems to be that prepared meals at club meetings is critical towards gathering new members and retaining old and new members. The committee wants more discussion on this subject before we

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submit a recommendation to the Board.

The largest problem is find a club member willing to coordinate the arrival of the Chuck Wagon and meal preparation at nearly all of the meetings. It is a difficult task. This person would have to attend nearly all quarterly meetings. Because very few members would want this responsibility, the committee recommends the QA position should be a paid position for all events.

From the responses the committee received, the committee developed the following options

See "Quartermaster" page 4



Ed Grove Runs Devil's Kitchen on Alicia Jahsmann's Maury River Trip

Thom Savage Honored

Float Fishermen of Virginia

On Sunday, May 30, 2004 the Float Fishermen of Virginia presented their 2004 Randy Carter Award for the River Conservationist of the Year.

The Float Fisherman of Virginia is a 13-chapter, statewide organization of canoeists, kayakers, rafters and other boaters which was organized in 1969. The members of the organization float the rivers, streams and waterways of Virginia and work to preserve and protect these important natural resources.

The organization presented Fredericksburg attorney Thomas "Thom" Y. Savage with its 2004 award at its Memorial Day meeting along the banks of the Shenandoah River, near Bentonville, Virginia.

Each year, in conjunction with the Virginia Wildlife Federation, the Float Fishermen of Virginia recognizes the year's best river conservationist with the Randy Carter Memorial Award, initiated in 1974.

See "Thom Savage Honored" page 10

Dues Process Changing

Chuck Berkey

Beginning this fall, all yearly dues for Coastals will be collected at the same time – as opposed to the monthly collection of dues date now in effect. Coastals will send their dues prior to January 1st for the coming year. Dues will remain \$20.00 or \$23.00 for first class delivery of CaNEWS.

To convert to the new process this fall, each member's dues will be prorated. The prorating will be according to the month the member's dues are now paid. The Fall CaNEWS will contain a table with the prorated amounts by month and an explanation of how to determine the amount each member will pay before January 1st.

Coastals will send their dues to the Membership Chairperson. A mailing address will be provided in the fall CaNEWS along with additional details about the new process. Be sure to read about the new dues process in the Fall CaNEWS. For additional information, contact Chuck Berkey, membership chair online.

cc

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 Scott Wiggins, Editor

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 www.coastals.org

Officers, Directors and Committee Chairs

Position	Name	Telephone	Email
President	Richard Walters		
Secretary	Dane Goins		
Treasurer	Dave Stockdill		
Director	Bernie Farmer		
Director	Doug Jessee		
Director	Cathleen Lowery		
Director	Alicia Jahsmann		
Director	Paul Helbert		
Director	Dave Stockdill		
CaNEWS	Scott Wiggins		
Conservation	David Bernard		
Cruise	Ken Dubel		
Membership	Chuck Berkey		
Multimedia	Susanne Smith		
Programs	Paul Helbert		
Raffle	Bernie Farmer		
Safety/Ed.	Rob Ault		
T-Shirt Sales	Cathleen Lowrey		
Webmaster	Angelo Sakellariou		

Coastal CaNEWS is a publication of Coastal Canoeists, Inc. The opinions expressed are those of the writers and, unless stated so, are not those of Coastal Canoeists, Inc.

The Editor encourages you to submit material. Written material should be submitted unformatted and electronically transmitted using WordPerfect, Word or Excel. The Editor reserves the right to edit submissions. Photographs may be submitted hardcopy, but tiff, gif or jpeg formats are preferred.

Please submit your material to: Scott Wiggins, Editor, CaNEWS, 10413 Attems Way, Glen Allen, VA 23060-3773. Unless otherwise credited, the photography in CaNEWS is that of the editor.

Submission Deadline Schedule

Issue	Deadline	Issue	Deadline
Winter	December 1	Summer	June 1
Spring	March 1	Fall	September 1

Membership in Coastal Canoeists

Current Membership: 435 memberships, 15 Special Friends, 34 Newsletter Exchange, 32 new members. Dues are submitted to Chuck Berkey, Membership Chair. Make your check payable to Coastal Canoeists. Mail to: Chuck Berkey, Membership Chair, 505 Winterberry Drive, Fredericksburg, VA 22405-2060

Inside This Issue

Committee and Officer Reports

Board of Directors *Dane Goins* Page 3
 Conservation *David Bernard* Page 5
 Cruise Schedule *Ken Dubel* Page 15
 Membership *Chuck Berkey* Page 7
 Multimedia *Susanne Smith* Page 9
 Program *Paul Helbert & Ted McGarry* Page 3
 Safety / Education *Rob Ault* Page 6
 Treasurer's Report *Dave Stockdill* Page 2

Trip Reports

Maury *Mark Kacmarcik* Page 11
 Smoke Hole *Tom McCloud* Page 11
 The River Gods Smiled *Alicia Jahsmann* .. Page 14
 Savagry *Ken Dubel* Page 13

Articles

The Quartermaster *A.Jones & G. Newton* .. Page 1
 Dues Process Changing *Chuck Berkey* Page 1
 Thom Savage Honored *FFV* Page 1
 Hats Off *Greg Velzy* Page 10

Other

Parting Shot Page 16
 Coastals Being Coastals Page 14

Let Yourself Be Heard

Make a club officer, director or committee chair aware of your comments or recommendations on any aspect of the club. Phone, write or email while it's fresh in your mind.

Treasurer's Report

Checking Account	\$3,261
Special Fund Account	\$10,564
Vanguard Fund	\$8,528
Total	\$22,353

Giving Back

We've all benefitted from the contributions of others to our club. Below are pressing needs where you can be a big help.

Club Need	Contact
Trip Coordinators	Ken Dubel
Quartermaster for Quarterly Meeting	Richard Walters
CaNEWS Writers and Reporters	Scott Wiggins

Advertising in CaNEWS

Advertisements must be sent in camera-ready format, pre-paid and received by the submission due dates.

Size	Dimensions	1 Issue	2 Issue	3 Issue	4 Issue
1/4 pg.	3.5 in x 4.25	\$50	\$75	\$100	\$125
Roster	Contact Editor	\$100			

Program

Paul Helbert, Chair
Ted McGarry, Co-chair

**Summer Quarterly
Meeting and Boat Raffle**
Saturday, July 17 at
Glen Mary Park
10 Street
Buena Vista, Va

Camping. The Club camping is at Glen Maury Park. Fee is \$15 per tent per night on a first come basis. DO NOT PAY AT THE OFFICE. Pay Ted McGarry at the Sat. night dinner.

10:30 a.m. Paddling. Ken Dubel will organize a trip on the Balcony Falls section of the James. Meet at DGIF access in Glasgow. Call Ken at 540-298-2012 or check the Message Board for details.

4:30 p.m. Board Meeting. Upper camping pavilion, Glen Maury Park

6:00 p.m. Potluck dinner. Everyone bring an entree to share and your own beverages. Additionally, if your last name begins A-G bring salad and dressing; H-O bring a vegetable side dish; P-Z bring a dessert. The Club will provide hot water for beverages along with paper plates, utensils and cups.

7:00 p.m. Boat Raffle.

7:15 p.m. Program. Damien Howell, Physical Therapist, will provide a medical perspective on avoidance and treatment of repetitive and shoulder type injuries. Ted McGarry will also demonstrate Lecky's Shoulder Routine. This is an exercise program of 14 shoulder warm ups useful prior to paddling and learned from Lecky Haller, NOC Instructor.

Directions. From I-81 exit 188. Route 60 East to Buena Vista. Route 501 South through town to 10th Street. **From Balcony Falls.** Route 501 North to Buena Vista to 10th Street. At 10th Street the Parry McClure "Fighting Blues" High School Football field is located at the northwest corner. Turn west on 10th Street past the Field, over the RR tracks, over the Maury River to the Park. Turn right into the Park, first left (follow camping signs) past the office on your right. Go up the hill 0.8 mi. to the pool, past the pool 0.2 mi. straight to the back section to pavilion and camping area. CC

Board of Directors

Dane Goins, Secretary

Date of Meeting: April 17, 2004

Location of Meeting: Greenwood Community Center, Albemarle County, Virginia

Meeting Chaired By: Richard Walters

Meeting recorded by: Dane Goins, Secretary

Board members present: Officers: Richard Walters, Dave Stockdill, Dane Goins; **Members:** Doug Jessee, Alicia Jahsmann, Paul Helbert, Cathleen Lowery; **Committee Chairs:** Scott Wiggins, Chuck Berkey, Ken Dubel, Andrea Jones, Rob Ault, Bernie Farmer, David Bernard, Ted McGarry and Les Fry.

Officer Reports:

President: Richard Walters started the meeting with complaints about the Website.

Treasurer: Dave Stockdill presented the club's balance sheet and Profit & Loss (P&L) statement. The Balance Sheet showed club holdings with a net loss of \$994.05 for the end of the 1st quarter, 2004. The club is current the American Canoe Association, American Whitewater and the State Corporation Commission.

Secretary: Dane Goins read the last quarterly meeting notes. They were approved.

Committee Reports:

Ad hoc Committee Reports:

CaNEWS Archive Committee: Bill Gordon is to work with a club member to put the entire library of CaNEWS onto CDs. Dave Stockdill and Dane Goins volunteered to provide blank CDs. There was no word from Charles Ware on copies being archived at the Virginia State Library in Richmond.

Chuck Wagon Committee: Andrea Jones reported on the quartermaster. She said approximately \$230 was spent to rebuild the trailer. She distributed an inventory.

Audit Committee: Doug Jesse returned the audit folder to Dave Stockdill and said all looked in order. Doug suggested we find a CPA-licensed club member to perform future audits because of concern among the non-accounting committee members performing the audit.

Nominating: Dave Stockdill reported we have three names for potential replacement of Board Members' whose terms are expiring this year. Anyone who wishes to serve or nominate, should contact the nominating committee (Stockdill, Farmer, Goins).

Roles Documentation: Alicia Jahsmann reported most committee chairs turned in job descriptions. Richard delegated the job of keeping track of them to the Secretary.

On-Going Committee Reports:

Membership: Chuck Berkey reported membership was 435 members, 34 Newsletter Exchange, 15 Special Friends and 23 new members. He removed 60 individuals from the roster for non-renewal. Chuck said that the switch from annual dues submitted annually versus monthly was in progress.

Newsletter: Scott Wiggins said the newsletter would remain 12-pages per issue to reduce costs. Club brochures for distribution to paddling businesses were in progress.

Safety/Education: 2004 Classes Update

Wilderness First Aid held Saturday, April 17 in Crozet had 10 students, the minimum needed despite much advertising. Rob plans a fall class. Additional classes are:

One-day Basic River Rescue course, Saturday, June 12, Richmond. Only one person expressed interest to date. The class will be posted on various message boards.

Half-day Rescue PFD course, Sunday, June 13, in Richmond.

Only one person has expressed interest to date.

Two-day Course later in the season (or see if Bernie Farmer will teach it.) Given the level of interest the last two years and this year in safety classes (including classes for Coastals and Henrico and Chesterfield counties), Rob expressed doubt there will be more Coastal classes this year.

Half-day Rescue Refresher for Chesterfield on Saturday, July 3.

Two-day River Rescue class for Chesterfield on Saturday and Sunday, August 14-15. Students can choose to take both days or only one day based on their needs. First day is basic river rescue; second day is advanced river rescue..

Other Safety News: The spring *CaNEWS* had articles on essential safety gear, and the three classes mentioned above. Two members e-mailed Rob expressing appreciation for my work and to encourage me to keep “doing the right thing” by offering classes. They both expressed concern about the lack of response to class offerings. Lack of response is a real concern to Rob. Rob is participating in the ACA national committee to review and revise the current ACA swift water rescue curriculums, but work and school limit his participation.

Programs: The Program for the summer meeting will be Damien Howell, Physical Therapist on avoidance of paddle related injuries. Paul Helbert is thankful to now have a committee. Ted McGarry is a great help.

Raffle: Bernie Farmer noted that tonight’s raffle included a new water filter plus container bottle. He also mentioned that he was looking for a new canoe, near cost, for the Summer Meeting.

Multimedia: Dane Goins represented Susanne Smith and reported that she has received several late media due to the notices that went out. Delinquent members will need a phone call.

Sales: Cathleen Lowrey reported a few sales from the last meeting. She passed around sample hats to be used for future design and sales. The hats are on sale for \$13, a break-even price.

Conservation: David Bernard reported on supporting the efforts of Float Fishermen of Virginia to have Dominion Power develop a new takeout at the end of the Balcony Falls run. David also presented a paper on conservation possibilities for Coastals in 2004. Copies of both reports available by contacting David Bernard.

Website: Richard Walters voiced two complaints, 1. Hyperlinks were not working; and, 2. Alias’s are OK but should be unique and protected. Dane Goins mentioned that patience with request would be appreciated when making requests to the Webmaster volunteer, Angelo Sakellariou, since his day-job demands were growing.

Cruise: Ken Dubel reported no news.

Announcements: Dane Goins asked for special consideration to be given to Edward Willcox, Jr., the club’s Registered Agent for over 30 years. The President delegated the assignment to the Secretary, who will draft a “letter of appreciation” and have it matted then framed. The Board approved a resolution to so honor Mr. Willcox.

Motions rejected: None

New Business: Regarding the take-out of the Moormans, Ken Dubel will check with the AWA for advice. One landowner wanted \$100 for the right of take-out across his property on Rt.671 at Millington. If paid this sets a questionable precedent.

General items of note: None

cc

Quartermaster

from page 1

for consideration by the membership.

Option 1: Create a paid position of QM who would be responsible for coordinating a minimum of three meals per year at quarterly meetings. Members would be asked to bring breads, salads, desserts, etc. The QM would prepare the main entrée and one other item. The QM would have a budget per prepared meal to feed 50 - 70 people per meeting. There would be a separate budget to include drinks, condiments and plasticware that are to be maintained by the QM. The QM would be responsible for the trailer being at all quarterly meetings. A collection box will be placed on the table at all meetings to ask members to help defray the costs of the meal preparation.

The fourth meal is the fall pig roast, jointly coordinated by QM and Tom McCloud.

Option 2: Create a paid position of QM who would be responsible for coordinating (not preparing) a minimum of three meals per year at quarterly meetings – primarily the fall, spring, and summer meetings. Members may be asked to bring a potluck dish for the meal (breads, salads, desserts, etc). The QM would have a budget to include drinks, condiments and plasticware. The QM would be responsible for bringing the trailer to the quarterly meetings.

The fourth meal is to be the “Eat Out” theme indicated further down in the article.

Option 3: Sell the trailer, sell or redistribute the cooking utensils, etc. Use up the condiments, plasticware, etc and go back to a quarterly meeting without any meal at all, except for the fall meeting pig roast. This also means that any other supplies that are carried on the trailer would, once again, be the responsibility of that particular Board Member to tote back and forth to the quarterly meetings

Suggested Themes for Meals

Fall Meeting: Pig Roast – Coordinated

by QM & Tom McCloud.

Winter Meeting: Eat Out – Coordinated by other Board member. This meal would consist of something similar to the Spring, 2003 meeting in Harrisonburg – rented hall, “catered” meal or discounted purchase from menu, etc – and would be coordinated by another Board member. Members who attend would be responsible for their own meals & drinks.

Spring Meeting: Pot Luck – Coordinated by QM. Summer Meeting: Grill Out

– Coordinated by QM.

Depending upon which option is chosen, there are several variations on these suggestions that would need to be addressed by the Board and the driving concern is going to be the overall budget. 1. If the QM obtains another volunteer to coordinate the meal, would the alternate QM be paid? 2. If the QM fails to coordinate the meal entirely, how is the QM penalized? 3. Is the QM position one that should consist of two people – one as QM and the other as Assistant QM – with a two-year term that would begin on two different years? 4. Should we try to locate a committee of people who would be willing to rotate the meal preparation so that they, individually, would only be responsible for it once a year or once every two years, with a paid QM who coordinates the committee & stores and maintains the trailer?

The committee feels retaining the trailer and creating a compensated position of Quartermaster is the best option available for our club to foster a more welcoming atmosphere for new members to appreciate what the club can offer to them and to provide more fellowship at the quarterly meetings. Granted, the membership has recently stabilized at approximately 450 members, but several years ago, we had a membership in excess of 700 members. We would like to give new members a reason to renew their membership and give existing members a chance to change and grow.

We would like to hear your comments on these proposals, positive and negative, so that we may recommend to the Board a solution that is compatible with as many Coastal members as possible. Comments can be sent to Andrea Jones at P.O. Box 6122, Christiansburg, VA 24068, (999) 999-9999, t or to G [925 Marble Arch, Chesapeake, VA 23322 \(999\) 999-9999](mailto:925_Marble_Arch_Chesapeake_VA_23322@999-9999)

cc

Conservation

David Barnard, Chair

I returned from a too-short trip to Florida in January to hear from Ken Dubel that the job of Conservation chair was mine if I could make a case for it. I was all set to post a few remarks about the struggle for wild water to survive in the face of Florida's relentless development, when I got a job close to home. The Virginia General Assembly was getting underway and a few issues were thrown in my lap. Coastals were asked to take positions on a few different bills and I suggested a position on a few others from information I received from Chesapeake Bay Foundation and James River Association. I was (mostly) careful to check with the board on these issues. The response from your board members shows we have people running this club who know a lot of what goes on in Virginia, on the waterways and in the offices.

I can't claim any great resume in conservation. I have always enjoyed the outdoors, even before I started paddling. I am a contributing member of some environmental groups, try to keep up on the issues, and have spoken out on a few matters dear to my heart. Despite progress in some areas, I see a long-term trend that is making Virginia's streams less accessible, more dirty, and less of a "wild" experience. Industry and local governments resist higher standards on their discharges. Muddy streams bisect farm fields as cows cave in the banks. Building development spreads across at least a quarter of our counties. Despite good intentions at controlling erosion, a lot of streams run red or brown after a rain. So many people are littering and somehow these same people are supposed to recycle? Little public money is available to protect land or buy parks and access. And Virginia's population has grown by 15% in the last two censuses.

So we have a challenge. A lot of people enjoy the outdoors and nature, but not a majority, and environmental protection has not been a big issue at the ballot box. But Coastals can make a difference. We can ask government agencies and environmental groups to show us how they are spending money and what the benefits are. Let local and state leaders know what Virginia has along her rivers and they might agree protecting them is in everyone's interest. Boaters don't want to put up with difficult access.

When local leaders see they might miss out on a good draw for their community, they might fund a streamside park or two.

We have a legacy to protect, a legacy of what remains of the Virginia of 400 years ago and the inheritance of those who saw what so many had overlooked for years. In the mid-nineties, a friend gave me a copy of Roger Corbett's Virginia Whitewater. Even though I was clueless of his instructions for running rapids, I knew enough of Virginia geography and history to appreciate his discoveries in the 1960's. He explored not only challenging rapids but also the gentle world of rural Virginia. I think of him studying maps, befriending locals, and then drinking in the majesty of a river world little seen by generations with other concerns on their minds. Roger was a true 20th century pioneer.

Another visionary to whom we owe a debt is President Franklin Roosevelt. The eastern national forests did not exist prior to 1911. The first was the Monongahela, created in response to devastating floods. When FDR was swept into office by a despairing but still hopeful nation in 1932, he brought a conservation ethic rooted in his soul and years of practical experience. He was raised on his family's Hudson River estate, Springwood. The estate's fields and woods were paradise to him. He took a great interest in planting a mixed hardwood forest on the slopes that led down to the river from his home.

When the Depression hit, prices of farm produce and timber dropped through the floor. FDR saw an opportunity to give hard-hit farm families and bankrupt timber companies a way out and reduce the unsellable agricultural surplus by buying these unprofitable lands and expanding the national forests. Georgia's Chattahoochee and Chattooga, North Carolina's Nantahala, French Broad, Nolichucky, and Davidson, West Virginia's Dry Fork, Cheat, and Cranberry, and Virginia's James, Maury, Tye, and Whitetop Laurel are just a few of the many whitewater streams whose water quality, scenic and natural value, and access have been improved or made possible at all by the conservation efforts of the FDR years, and by those who followed in his wake.

Cushaw Dam Relicensing

On Thursday, April 22, I spent the day meeting with the Federal Energy Regulatory Commission, Dominion Virginia Power, Float Fishermen of Virginia, (FFV) and others interested in the relicensing of

Cushaw Dam. Cushaw creates the lake at the end of the Balcony Falls whitewater run. This was a scoping meeting, so all interested parties could state their objectives for the new license. The final relicensing is scheduled for 2008.

Cushaw Dam was built in 1928-1930. It is 28' high and 1500' long. It creates a 138-acre lake. The powerhouse contains five 1,500-kilowatt generators. Each requires 850 cfs of river flow to operate. The powerhouse operates on "run of the river," meaning the dam does not store and then release water, drawing down the lake level. The powerhouse is operated by remote control from Bath County. A camera observes the flow over the dam. When the flow is sufficient, another turbine and generator are put in operation. Average electricity production has been 21,874,000 kilowatt/hours a year.

The watershed above Cushaw is 2,970 square miles. Average flow at the dam has been 3317 cfs, varying from a low of 300 to a 1985 high of 180,000.

Coastal Canoeists was meeting to secure a new access to the river upstream from the only takeout now developed, Rocky Row Run. This takeout is not good for whitewater boaters because you have to paddle the entire length of the lake, about 1.6 miles, to get to it. We are supporting the efforts of FFV to have Dominion develop such an upstream takeout.

FFV members discovered a large culvert under the CSX tracks just before the whitewater ends. It is about 10 feet tall and 7 feet wide and oval-shaped. Between the tracks and the highway is US Forest Service land. It is steep land but an old switchback road is on it. A large group visited the site Thursday morning. Many were skeptical of its practical possibilities. Building a serviceable road and parking area would be expensive and would be an environmental intrusion itself. CSX does not want to grant access there and carrying a boat through this culvert poses some safety questions.

While this takeout may be a possibility, I think we should consider alternatives. There is an informal takeout where the road first comes down to river and track level that could be developed in a safe manner at much less cost. Parking could be on the riverside of the road so boaters could avoid crossing the road.

See "Conservation" page 6

Safety/Education

Rob Ault, Chair

Wilderness First Aid Class Proves Useful

When Dave Kessmann and Jeff Powell were refreshing their first aid skills at the Coastals' wilderness first aid class in April, they didn't realize that they'd have to use those skills so soon on the river.

Not long after taking the class, Dave was leading a group on the Ocoee River in Tennessee. One paddler flipped, breaking his nose and cutting his forehead. Jeff paddled over to the injured paddler, who was now safe on a rock, and patched up the paddler's nose. Then Dave, Jeff and others helped get the paddler safely to shore and to a hospital for stitches.

Dave told me later that he was glad he'd refreshed his skills. Joining Dave and Jeff (a Blue Ridge River Runners member) at the April 17 wilderness first aid class were Elaine Casper, Randy McMunn, Ginny Newton, Lorraine and David Kroeger, Mary Digrys and her son Daniel, and Bob Scanlon.

Greg Turner of Adventure Medical Training, www.wildmedical.com, taught the class. In addition to extensive emergency medical and search and rescue experience, Greg is a paddler and geared some of the instruction for paddlers.

All the students learned new stuff, including a technique to treat your own shoulder dislocation by yourself!

I hope to offer this class again in the fall or early in 2005. Look for more info on the Coastals' message board and in future **Upcoming Swift Water Rescue Training** If you missed the Coastals' swift water rescue training in June, you've got some other options through Chesterfield County. Contact Greg Velzy at 804.748-1124 if you're interested in any of these classes.

Saturday, July 3, you can take a River Rescue Refresher. This half-day course is for those who have taken the Basic Whitewater Safety course. Participants will practice various rescue-technique scenarios. Previous river safety and rescue instruction is required. Minimum age is 14. James River Park, Saturday, July 3, 1-5 p.m. \$15 Course #9844

August 14 and 15, you have two options. You can take the basic whitewater safety class on Saturday, or you can take both Saturday and Sunday for the "advanced" swift water rescue.

River Rescue - Basic Safety in Whitewater. This one day basic class is for folks who paddle on or just play in the river. You'll learn essential safety skills, including swimming and wading in whitewater and throw-rope use. Also, learn river signals, as well as how to identify river hazards. This also will be the first day of the two-day River Rescue class. Swimming ability, life jackets and helmets required. Some extra supplies are on hand. Wet suits recommended. James River Park Saturday, Aug. 14, 9 a.m.-5 p.m. \$25 Course #9825

River Rescue - For Paddlers. Learn the basic river-rescue skills that every paddler should know. Day one will be an introduction to whitewater safety that will include swift-water wading, swimming, throw ropes and self-rescues. Day two will cover boat pins and strainer drills. Swimming and paddling ability are required. Life jackets and helmets also are required (we can supply). Wet suits are recommended. Minimum age is 13. James River Park Saturday-Sunday, Aug. 14 and 15, 9 a.m.-5 p.m. \$40 Course #9821 cc

Conservation

from page 5

A grade crossing could be built with structures to allow boaters to cross but not vehicles. The grade from river to tracks could be developed to make for an easier walk that would cause less erosion. This is my idea, but I believe FFV and Dominion are open to it. Jeff Wold of FFV has told me he hears CSX is willing to visit the area and look at possibilities. My concluding remark for the record was that Coastal Canoeists "want safe legal access from the river at the upper end of the lake, and we want Dominion Virginia Power to pay for it, since they benefit from their use of the dammed river."

Coastals should know of other perspectives and desires for Cushaw relicensing.

David Sutherland of the National Fish and Wildlife Service is concerned over the effects of the dam on migrating fish and of the turbines on fish that get sucked in to certain death. He asked for a study of the biological effects of the dam and turbines.

FFV's primary goal is a whitewater takeout, but they also asked for consideration of a portage on river right. We walked over to the site and saw this as a practical possibility. Should

Coastals go on record in support of this?

Billy Bright of Big Island Sportsman Club wants better motorboat access to the lake. Full sized bass boats cannot use the existing putin/takeout. The shallow water, the tight turn, and the low bridge mean only small motorboats can get in the lake now. Virginia Department of Game and Inland Fisheries supports a bigger launch ramp. Virginia Department of Conservation and Recreation does not. Neither does the Appalachian Trail Conference. In fact DCR, represented by Bob Munson, suggested that the dam could be torn down or that gas motorboats be forbidden from the lake entirely. It is an interesting idea, but one I was not prepared to support. I was not about to begin my Conservation Chair career by going on record as irritating motorboat fishers. I stated that Coastals did not oppose motorboats on the lake and that our proposed takeout would get us out of each other's way. Bob Munson was very interested in working with us to develop paddling recreational opportunities at Balcony and throughout Virginia.

The Appalachian Trail Club (ATC) regards this particular section of the AT highly. The Appalachian Trail (AT) foot-bridge was built on old railroad pylons at a cost of over a million dollars, using US highway money to enhance safety, as hikers had been using the two-lane US 501 bridge, which has no walkway. The parking area for hikers adjacent to the bridge is heavily used. Going south from there takes you into the James River Face Wilderness, which provides such outstanding views on river right as you paddle Balcony. The AT goes 1 ½ miles along the lake on river right before heading up to Petite Gap, the next parking area 11 miles from the bridge. For this reason the AT wants to limit motorboat use and opposes new construction along the lake. We will have to convince them our development plans are benign.

I am optimistic our desire for a new takeout can be included in the relicensing. Dominion will make good money from this dam over the next 40 years, and I believe they will spend a reasonable sum for a smooth relicensing. We should be considerate of the costs and other concerns, and we may get safe and legal access at a convenient place.

Please let me know your thoughts and questions.CC

Membership

Chuck Berkey, Chair

Membership information is not displayed
in the online version of CaNEWS

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in the online version of CaNEWS

Multimedia

Susanne Smith, Chair

To obtain books or videos from Coastals' Multimedia Library - FREE - contact Susanne Smith.

The rules are few, but important:

- 1) Videos & Books are only available to current Coastal Canoeist members.
- 2) The person who borrows the item is responsible for its well-being and timely return.
- 3) Borrowers need to provide their name, current address, phone number & e-mail address.
- 4) The maximum number of items that can be borrowed by a member is as follows: 3 items if picked up at a quarterly meeting, 2 items if sent through the mail.
- 5) The length of time that items can be borrowed is as follows: If picked up at a quarterly meeting, it's due back at the next quarterly meeting. If received or to be returned through the mail, it's due back within 60 days.
- 6) For materials to be sent through the mail, the borrower needs to send a self-addressed, padded envelope with sufficient postage for the required items to the Multimedia Chair.

BOOKS

- Basic River Canoeing, Robert E. McNair, 1972.
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 "Breakthru!"; 2000; intermediate and advance kayaking.
 "C-1 Challenge, The"; Kent Ford, 1990; outfitting, rolling, and stroke instruction.
 "Cold, Wet & Alive", ACA., 1989; paddling story about how

hypothermia develops.

- "Drill Time, Solo Playboating II", Performance Video; 1997; canoe drills.
 "Drowning Machine, The"; dangers of lowhead dams and basic rescue techniques.
 "Fast Track to Kayaking", Sam Drevo; 2002; beginner video.
 "Grace Under Pressure", 1992; learning the kayak roll.
 "Guide to Canoeing", L.L. Bean; types of canoes, equipment, strokes, maneuvers.
 "Heads Up!"; ACA; 1993; river hazards and rescue.
 "How to Organize a Successful River Outdoor Cleanup", Surf Dog Productions, 1991.
 "In The Surf"; 1999; surf kayak instruction; 60 min.
 "Introduction to Canoeing".
 "Kayaker's Edge, The"; 1992; rolling, bracing, surfing.
 "Kayaking", Eric Jackson; skills video - strokes, concepts, roll
 "Liquid Skills", Ken Whiting; 2001; begin. to adv. kayakers.
 "Path of a Paddle"; Bill Mason, 1977; whitewater canoeing.
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 "Play Daze"; 1999; freestyle kayaking techniques.
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 "Soar, Skills of All Rivers"; intermediate and adv.kayaking.
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 "Whitewater Self Defense"; 1998; kayaking safety techniques.

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 "Deliver Me From The Paddlesnake 2"; 2000; Chattooga.
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 "Grand Canyon Adventure", 1995; home video.
 "Grand Canyon Whitewater", 1995; home video.
 "James River in Richmond in 1970"; home video.
 "Over the Edge", 1999; freestyle kayaking, and world record waterfall descent.
 "Paddle Frenzy", 1994; kayaking Northwest whitewater.
 "Perpetual Motion", 1994; kayaking Glade and Manns Creek
 "Savage"; commercial video of rodeo boating - Savage gear.
 "Steep Creeking with Catfish", 1993; home video - carnage.
 "Rick Taylor's Solo Canoe".
 "Token of My Extreme"; 1992; hairboating w/Thrillseekers and squirt boats.
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 "Upper Tye and Piney Rivers", 1972; Les Fry footage.
 "White Mile"; an HBO original movie starring Alan Alda.

R e c o g n i t i o n

Hats Off

Greg Velzy

Coastal Canoeists would like to say "THANK YOU" to Val Puster for his efforts in arranging the pool rolling sessions at the Chester YMCA this year and the years prior. Val has selflessly set these sessions up year after year for the paddlers in the Richmond area. Not only does he make the arrangements, but he also covers the entrance process that severely limits his own time in the pool. "Hats off" to Val for his contribution to the rest of us!

Thom Savage Honored

from page one

The Randy Carter Memorial Award is given for "outstanding efforts to protect Virginia's free-flowing streams for their recreational and environmental value, for significant contributions to the growth of the Virginia Scenic Rivers Systems, or for promoting a greater appreciation of our rivers among the citizens of our state.

Randy Carter, of Warrenton, Virginia, during the 1950's and 1960's was Virginia's premier river runner. He published a guide to run whitewater in an open canoe in Virginia, eastern West Virginia and western North Carolina. Carter also included information in his publication on

canoe safety and technique, fishing, camping and Native American history.

Savage, a resident of Goldvein, Virginia, was nominated for the award by other river-oriented groups including the Coastal Canoeists, the West Virginia Rivers Coalition, the Friends of the Rappahannock and the Fredericksburg Chapter of the Sierra Club.

Friends of the Rappahannock Executive Director John P. Tippett cited Savage's work on extending the Virginia State Scenic River designation for 12 additional miles of the Rappahannock River from Culpeper County to the City of Fredericksburg in the late 1980's. Savage also volunteered his efforts in representing the Friends of the Rappahannock during the crossing of the river by Virginia Natural Gas, as they desired to cross the river with an aerial pipeline. The pipeline was ultimately buried

well below the river's bed. Savage also created and chaired the river-group's first three "Riverfests." These festivals of food, drink, music and art along the Rappahannock continue today as a major source of funding for the organization.

Liz Garland, Issues Coordinator for the West Virginia Rivers Coalition, cited Savage's work in the mid-1990's when he utilized the new Virginia State Agricultural Stewardship Act, to bring attention to the Commonwealth of a dairy operation and its negative impact on water quality near his home in Goldvein. "This

was a classic grass roots effort: identifying a water quality problem, quantifying the problem and tracing the source, researching

regulatory remedies, working with enforcement agencies to improve the program which was intended to provide remedy and finally seeing cleanup performed," she wrote in her nominating letter. Savage was the first to use the new state law and appeal the local administrative agency's rejection of his polluted stream complaint. On appeal, after having interfaced with the Environmental Protection Agency offices in Philadelphia, Savage's complaint was acknowledged and Virginia State officials ordered the clean up of the dairy farm. During the past three years Savage has acted as political chair for the Fredericksburg chapter of the Sierra Club, and assisted with the creation of four local chapters of political action committees named, "Voters to Stop Sprawl." Sprawl, a heavy impact on Virginia's river water quality, was the target of these PAC's.

At the present time Savage is acting as chairman of a committee of the Friends of the Rappahannock, which is working with the City of Fredericksburg in enforcing their ban on all terrain vehicles on city-owned property. The city owns approximately 4,500 acres of riverfront land along the whitewater section of the Rappahannock which is being negatively impacted by the motorized and unauthorized four-wheeled vehicles.

cc



Thom Savage holds the Randy Carter Award FFV



The Randy Carter Award FFV

T r i p R e p o r t s

Maury River - 3/27/04

Mike Kacmarcik

Bernard runs Esquif Nitro through Goshen Pass. Kacmarcik cleans the Kitchen. Schlimmer maneuvers Wenonah around Corner Rapid and past Indian Pool. Kave exits the pass clean. Jahsmann, our trip leader, cut right to the chase, "It can get pretty ugly in there and it won't be easy. It never is. If you get in trouble your best bet is a self-rescue."

I didn't have a particularly pretty run. A couple of stern squirts, punched a hole or two, boofed a ledge, and avoided a pin. And, I went OC1 with a fourteen-foot Whitesell. The stern squirts were mostly due to lost footing in the loose scree. The briers punched two holes through my work gloves during the self-rescue. I wasn't able to self-arrest until after I boofed the ledge. And when I came to a stop, I was just two feet shy of being wedged between two oaks. The Whitesell was still strapped to the racks on the Blazer. Yes folks, even the Goshen Pass Roadside Cleanup along Maury River Road can be Class V. And when it was all over there were 37 less bags of trash along one of the most beautiful and scenic rivers in the Commonwealth. After the clean-up activities, we paddled the lower section of the Maury, from the mercantile store to Copper Road. The Maury River and Goshen Pass are truly spectacular places.

Participating in the adventure and paddling K1 were Ken Dubel and Bill Gardner. The remaining adventurers paddled OC1 and included: Alicia Jahsmann, Dave Bernard, John Sills, Dave Lewis, Vicki Kave, Herm Schlimmer and Mike Kacmarcik. The consensus of the roadside gang was that Budweiser must still be the King of Beers. All the Pampers found in the pass smell just as ripe as the day they were peeled off the babies' bottoms. The eyeglasses found along the roadside were NOT special whitewater reading glasses. And, we don't know where Ken got the lavender corset but Alicia, Vicki, and Pat deny losing any lingerie.

Everybody did a lot of playing and plenty of paddlers did some sort of extraneous splashing, about six out of 10, though there was no carnage. I'll let our readers figure it all out and it will take some thought. In summary, I can swim a rapid with the best

of them and I'm writing the trip report. Go figure. I'm not sure if I'm writing this due to the boof along the road or the swim. Maybe both.

The lower section of the Maury was flowing at about 320 CFS and offered just enough water to make it to Copper Road without leaving too much vinyl on the rocks. It also offered plenty of opportunities to play and practice at every rapid. And play we did. Side surfing, eddy turns, peel outs, and ferries filled the day. Paddlers swapped boats, tested chines, tried different gear, and explored new lines. Dave Bernard takes first prize for playing the hardest and longest in every rapid. And why not, that new Esquif Nitro looks like a real hoot to play in. Vicki Kave is bestowed with two honors, Sports Person Of The Day and Trip Historian. Vicki always left room in those eddies for the trailing paddlers (me) and took the time to walk us through the ruins of a 19th century smelting operation that once made nails and horseshoes. John Sills coached the first timers through just about every rapid and Ken Dubel kept a safety conscious eye on the entire armada as we assaulted every play spot.

There were some stellar performers on the river, and a few upsets did occur. Here is the easy stuff. Accolades are bestowed upon Alicia, Vicki, and John as Masters of Gunwale Management. Accolades are also bestowed upon Ken, I'll Scrape Down Anything Dubel for not having to pop-the-skirt on his Wave Sport.

Now the hard part. I personally saw that Paddlesnake chasing Dave Bernard down the river. The pursuit was relentless and though bitten twice while playing, Dave was heroic. No one sucked out the venom and he still made it to the takeout gunwales up and paddling hard. I also saw the Rockodile leap out and bite Herm Schlimmer's Wenonah. There are teeth marks in the center thwart. The same Rockodile snapped at my Whitesell. I am absolutely convinced that a red Whitesell in swift water looks just like a big Dare Devil lure to a Rockodile. And my boat was bitten. Bill Gardner received a lesson in riverbed morphology in a micro eddy next to a ledge with some pretty swift current racing by and also got in some lunch stop skirt popping practice.

See "Maury page 12"

Smoke Hole 2004

Tom McCloud

If you begin with low expectations then it's unlikely you'll be disappointed. With water levels low in the upper Potomac basin, I had downplayed paddling prospects for Easter weekend. So it was a small group that met at Yokums Store on the morning of April 9, which soon became smaller as groups broke away to paddle various places. Alicia stopped by to say hello before driving off to join Liz somewhere else. Another group did the 'cruiser section' of the North Fork above Hopeville. But lucky for us, it was not as dry as I had feared, as there had been heavy snow in the highlands the previous week, and that snow was now melting fast, bringing a peak in the flow on Thursday. The north Fork Potomac, Hopeville Canyon run, came up to ~800 cfs, but on the far side of the mountain, Dry, Laurel and Shavers forks of Cheat were all at runnable levels. Since Shavers Fork from Bemis to Bowden was a new run for seven of the 11 paddlers who stayed around in my group, that's where we headed.

It was gray, foggy & drizzly in the higher elevations, with bits of snow laying around. We checked at Revelles Campground about parking, and left a bunch of empty vehicles there at the takeout. Arriving at Bemis, there were dozens of big pickup trucks and trout fisherman around. The water level looked not too high: the Bowden gage far downriver was reading 1350 cfs, so we unloaded and launched. Now, this run at Bemis starts out pretty frisky, with a high gradient and nearly constant Class 3 rapids, and no time for a warm-up. Maybe it was the long winter off, or lack of sleep, but within the first quarter mile there were two swims and two carry-outs, which left 8 canoes Bob Kimmel, Katherine Mull, Don Leeger, Scott Broaddus, Nate Houser, Dave Lewis, John Sills, and Tom McCloud and one kayak Mitch Smith, on the river. The most difficult rapid is about the fourth, where we thoroughly scouted from the railroad rip-rap on the left. The problem is the obstructed approach to reach the center chute through multiple boulders. Working carefully along the left side, then turning

See "Smoke Hole" page 12"

T r i p R e p o r t s

Maury

from page 11

Dave Lewis cleaned every rapid, snapped into those eddies like a well-oiled machine, played hard with the best of them, and was chased down and finally caught by a once thought to be extinct Eddophile. These strange creatures grab your ankle and push your boat away right after you eddy-out at the takeout.

Now for the lessons learned. Paddle-snakes love anything yellow (like an Esquif Nitro). Rockodiles prefer green to red. If you paddle a boat named after an Indian, like a Wenonah or Mohawk you can expect a wet day on the Maury. If you paddle anything close to teal in color (like Alicia, Vicki, or John) you can expect a dry day on the Maury. If you paddle anything named after a snake (like a Viper) or anything named after a spiritual leader (like a Shaman) you can expect a dry day below Devils Kitchen. Big red boats look like Dare Devil lures and it's just a matter of time before you become Rockodile or Eddophile bait. And of course K1 paddlers always love to have a few big red boats on the river with them.

Thank you Alicia for coordinating another great adventure. CC

Smoke Hole

from page 11

sharply right behind one boulder and threading a narrow gap between the next two puts you in-line to turn left and drop through the main slot. Nate & Mitch ran nearer the center, with the rest of us choosing the left side route. This was executed well with the exception of Lucky Dave, who, intending to portage, missed the eddy and ran a pin-ball route where nobody else dared go. At one of these early rocky rapids, I took a hard stern-grunch, which opened up an old kevlar patch, so my canoe was leaking. At another obstructed rapid we had another swim and quick rescue. Following all the excitement of these first three high-speed miles, the gradient and difficulty ease, and the rest of the run was laid-back with time to enjoy the scenery. The weather had cooperated, gradually clearing and actually giving us some welcomed afternoon sunshine. At the takeout we investigated a new restaurant

there, the "Rivercar", a converted railroad car. The menu sounded delicious, but after a caucus, we decided we were not the \$20 entre crowd, so drove back across the mountain and dined at the 4U. And since Seneca Shadows forest service campground was open this year, we camped there.

Saturday morning, likewise a small group met at Yokums, and again the group split. Most of the usual suspects returned and were joined by Hendrick Van Oss. Our choice was the Hopeville Canyon run on the North Fork, South Branch Potomac. Just prior to launch I applied duct tape to my broken boat, and that was sufficient to keep the leak to a slow seep. The water level was about 700cfs, which puts only a couple inches over paddling minimum in the river. We floated slowly, constantly looking for the deepest channel. There really WAS enough water to get through without hitting rocks, but even despite the gentle water level we had a couple of unexpected, for this experienced group, swims. We stopped for lunch at a scenic spot in the canyon, and after exiting at Harmons Pool, continued downriver all the way to the Cabins Bridge, for a total trip length of around seven miles or so. That got us off the river around 3 p.m., so with plenty of leisurely time, drove through Petersburg to gas up and buy a few supplies, then motor south to Big Bend campground for the night. Bob Kimmel explored that road which goes over the top of the mountain from Cabins Bridge to the store in SMOKEHOLE canyon, and reports that it is now completely paved, and in fact, is faster than driving through Petersburg. I was very surprised that the lower camping loop was not full of fishermen, so we grabbed three sites there. That evening there was a campfire.

Sunday morning, just about first light, the rain began to fall, it was colder, but there was no wind, and really not a storm, but it was an excellent morning for wimping out. The forecast was threatening: colder with heavy rain during the day. But we are *Coastals*, and a little moisture was not enough to dissuade us from the traditional Easter Sunday float down the lower SMOKEHOLE Canyon. The main stem of the South Branch was carrying very little water. For future reference, remember that if you subtract the Cabins flow (580 cfs)

from the Petersburg flow (800 cfs) you approximate the flow coming down the South Branch, and this was enough to give us one inch of paddling water. Just as the usual suspects were unloading boats, Pete & Sheila Chapelle drove up and joined us, so we had seven canoes and two kayaks. As we pushed off, near 11 o'clock, some sleet began to bounce off the airbags. Watching constantly for the deepest channel we floated along, stroking steadily, in part to stay warm. There were a lot of water birds, ducks, Canada geese, kingfishers, great blue heron, osprey, and I'm pretty sure one big brownish bird was an immature bald eagle. Luckily for us the rain stopped after the first hour, and so we took a lunch break at the traditional spot, the sandy beach at Chimney Rock Slide. Other wildlife that we saw included a small deer with a bad left rear leg, a groundhog, plus lots of evidence of beaver. I saw one swimming underneath my canoe. But no swimming for us this day, thank goodness. If anything the air temperature cooled during the day and we never saw the sun. It really was not a great day for enjoying the magnificent scenery in the canyon, but it was still pretty nice. We often had to zig-zag to find enough water to float through, but there were only a couple spots where there was no place to go that didn't grind on the bottom of the canoe. Once the North Fork merged with the South Branch there was no longer a water shortage, but even here what we found was the low flow of water falling off the sides of gravel bars we had never seen at more normal water levels. In this lower portion of the trip we saw hundreds of cliff and barn swallows swooping and snagging insects off the surface of the water, but also in the much wider, more open section of the river I began to notice some wind. Still, we finished to Petersburg by 3:30, and since all the vehicles but one were there, most everyone got an early start for that long drive home.

So ended the SMOKEHOLE weekend, 2004. Not the warmest or best attended, but enjoyable nonetheless. If you haven't seen the SMOKEHOLE canyon, plan to join us next Easter weekend when we'll float it again. CC

Trip Reports

Savagry

Ken Dubel

After careful scientific examination I have discovered how to guarantee ample rainfall in western Pennsylvania -- schedule a Jim Loffredo lower Yough club trip! The weekend of May 22 saw the area get pounded by torrential thunderstorms, enough to drive some campers into their cars. Jim and a gang went up there on Friday so I was feeding them gauge readings as I had Internet access up until Saturday morning. Being the sort of fellow who wants to guarantee everyone a perfect weekend I had to remind Jim he wasn't in charge of the clouds.

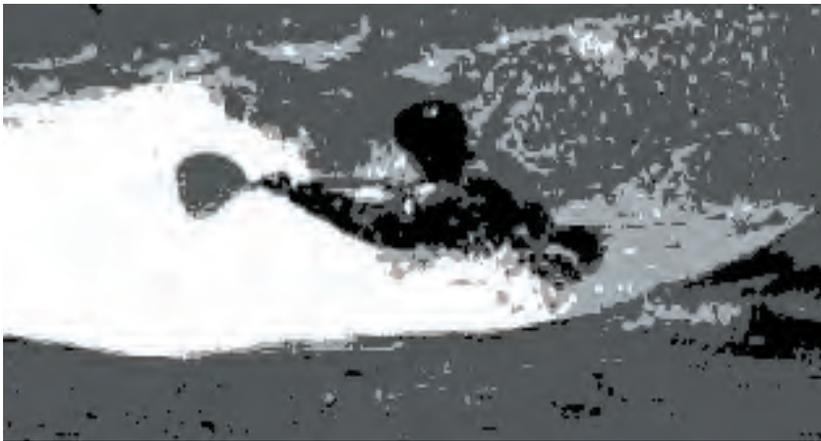
The USGS gauge system and the US Army Corps of Engineer gauge system went a bit haywire that weekend so information tended towards sketchy and outdated. I knew the Yough was going to be high and suspected the same of the Casselman and Stoneycreek River. Bloomington was having a

scheduled recreational release, a guaranteed run unless they canceled it to release extra water. My ace-in-the-hole was one that lots of folks don't always think to look at.

The Savage. Described in "Appalachian Whitewater" as "a little brawling river that certainly lives up to its name", I had road-scouted it once at fairly low water and knew I wanted to run it. The fellow who posts as "William" on the message board brought it to my attention. While occasionally his posts seem a bit pointed, over the years I've found his insight and information to be highly reliable. He noted that inflow to the reservoir was rising and the outflow from the dam was stepping up in response, a trend that was likely to continue. He noted a warm weather run on the Savage was a rare thing indeed. It was running 475 cfs, with 400 cfs being boaters' zero as of Friday night, when the gauges went off line.

Off to the dithering session. Well, the Yough was running nine feet, a sight to see. Ohiopyle Falls was actually kind of washing out looking more like an oversized pourover than a waterfall. Three of

our group elected to run it in a guided raft. I overheard the outfitter telling them "We won't be stopping for lunch as there's no place to pull over." Ahem. That doesn't exactly sound like an intermediate trip. Word on the street was that the Casselman and Stoneycreek had gotten pounded, off we went to Bloomington, along with a contingent from the BRRR (Blue Ridge River Runners), with me leading the convoy after reminding Jim of the difference between "insisting" and "reluctantly agreeing". Naturally, I made a wrong turn in Bloom-



Jim Loffredo at Lunch Stop Hole on the North Branch of the Potomac photo by Ken Dubel

ington, nine cars in tow. Got' a love it.

We all ran the North Branch Potomac at Bloomington with several being first-timers. For the record we had Dave Stockdill, Justin Farrar, Dave Clark, Dave Stoesz, Andrea Loffredo, Jim Loffredo, and me, along with a gaggle from the BRRR. Most were PFD's (personal first descents). I love showing first timers, particularly those who have never run anything fast, down this river! Serious looks of concern after the first rapid gradually evolve into wide grins as they learn "I can handle this!" and "It's fun!"

Off to the Savage, which joins the NB Potomac just below the takeout for the Bloomington, run. I note the "just below" part as I had it in my head that the two rivers shared the same takeout. (Now THAT would have made for a river story!) Originally most of the group was planning to run both rivers. After a full day at Bloomington however the group was whittled down to Dave Stockdill, Dave Clark, and me with lots of shuttle help (thanks gang).

Dave Stockdill was the only one who had run it before, once, in a Perception Dancer

that should give you some idea of how fresh his memory was. Given this and the fact that he could see better in his open boat than we could in our kayaks, plus the fact that I am a chicken, Dave S. was elected "probe".

From the road the Savage looked a lot like the upper Tye at a similar water level. The reading from the night before of 475 cfs looked about right so we put on anticipating a similar intensity and lots of fun boogie water. From the river it was a different story. It turns out the level was more like 1,000 cfs which is a level the guidebook

says to call a solid Class IV. Well, maybe, I'm not going to argue that point but it was harder than we expected. At this level anyway, it's bigger, stronger, and faster than the upper Tye.

What a hoot though!

As usual it seems, the harder rapids can't be seen from the road. Continuous Class III boogie water, nice and clear and fairly warm by the way, was punctuated

by some cool drops. Big tongues to ride, holes to miss, and lot's of diagonal waves combined in endless variety to dump water through that big hole in the top of Dave Stockdill's boat. (Expecting a lower Yough run he was not in his drier-running creekboat.) I'm pleased to report we all did fine with nary a flip as I recall.

We were ready for the takeout when we got there. After all that driving and running two rivers we were pretty pooped. Dave Clark was especially amped when we got there as he had never run anything of the sort before. Heck of a good time. Climbing up to the parking lot we ran into the Richmond gang who had run the river ahead of us.

Thanks to all who participated, especially Jim Loffredo for organizing the trip. By the way, those of you who haven't done so need to pony-up the \$2.50 to Jim for the unused Yough permits.

Woo hoo! CC

Coastals Being Coastals

The River Gods Smiled - Alicia Jahsmann

Saturday, April 17th found 17 paddlers fortunate enough to be on one of Virginia's finest whitewater rivers, the Maury through Goshen Pass. The level was 2' on the boaters' gauge, but since my friends say I need to join the 21st century, it was also 3.1' USGS and 1000 cfs. This is a fun level for eddy catching and surfing.

Open boaters included Nate Houser, Scott Wiggins, Mark Jones, Taylor Smith, Bob Whaley, John Sills, Mike Hall, Dave Stockdill, Philip, Ed Grove, Deven Lively, and yours truly. Kayakers were Dave Perault, Mark Canada, Raymond Williams, Vic Gilchrist, and Gray Gilchrist. Our ages ranged from 14 to 70-something!

Devil's Kitchen is a Class IV at this level and provided one swim, unfortunately, the first canoe through. After that, all made it upright. The rest of the day was just plain fun. My thanks to those who set safety and offered guidance to the newbie's.

To those of you who hesitate to "coordinate" a trip, please know that it really isn't that hard, and it's a pleasure to meet new folks and perhaps help them to have a good time that they might otherwise have missed.



Devils Kitchen definitely requires a look



Bob Whaley running Devils Kitchen D. Stockdill



Scott Wiggins running Devils Kitchen D. Stockdill



The River Gods sometimes frown on surfing



An open boater breaks free of Corner Rock

Got a Picture of Coastals Being Coastals? Send it to the Editor. You'll see it here.

Cruise Schedule

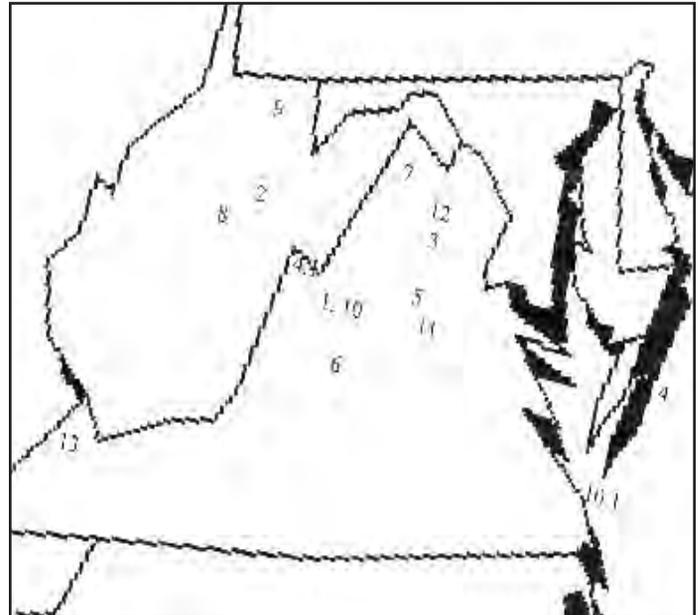
Ken Dubel, Chair

The rules are few but very important

Coastal Trips are for Coastal members only. We encourage you to join our club and participate in our trips. Participants assume full responsibility for their personal safety. Coastal Canoeists, Inc. assumes no responsibility for your safety, skill level or any other factors affecting trips.

Trip Coordinators only facilitate trips. Email or call the coordinator before 9:30 p.m., Thursday prior to the trip. You cannot bring unexpected guests. You must self-rate your real skills for any trip. To assist you in selecting a trip, trips are rated according to the AWA Safety Code for Class I-VI rivers.

Trip updates can be found on www.coastals.org.



Date	#	River	Rated	Coordinator	Email	Telephone	Comments
7/17	1	Qtly Meet, Balcony Falls	N/I	Ken Dubel			Near Buena Vista. If you are new, please feel welcome, and contact Ken well in advance
7/24	2	Top Gauley, Curtin to Donegan Mine # 10	I	Justin Farrar			"Wildwater West Virginia" likes it. Pretty, class 2-3 boulder gardens. (Near the Cherry)
7/31	3	South Anna	N	Ginny Newton			Join Ginny on this popular run just north of Richmond
8/7	4	Mobjack Bay Sea Kayak	N/I	Richard Walters			El Presidente heads to the bay
8/7	4.1	Maury River cleanup and paddle, Balcony plan B	All	Vickie Kave John Sills			Pick up trash and paddle the Maury or Balcony afterwards
8/14	5	Annual seven islands float, Hardware to New Canton	N	Caroline Mehan Ted McGarry			Becoming a club classic, a scenic relaxing float on the James
8/21	6	Upper New River in Virginia	N	David Bernard			Joint trip with Carolina Club. Meet some "New" folks in southwest Virginia
8/28	7	Patomac Needles / Shenandoah Staircase	N/I	Katherine Mull			A choice of two classic runs plus the option to visit the Lockett's fair
9/4	8	New River Rendezvous	N/E	Ken Dubel Mike e Sawyer Carol Mack			A major multi-club tradition with something for everyone. Contact Ken ahead of time.
9/11	9	Cheat Canyon Camper	I/A	Tom McCloud			Albright to Cheat Lake ONLY if water levels are just right, a worthwhile semi-long shot
9/18	10	James at Balcony Falls	N/I, (A)	Justin Farrar			Plan "A" is Balcony, Plan "B", if we have water, is the Maury
9/18	10.1	False Cape State Park Camper	N/I	Richard Walters			A great time of year to go beaching
9/25	11	Appomattox	N	Jenny Wiley			James River if Appomattox is too low
9/25		Upper Gauley Release Ohipyle Falls race	A	For			
10/2	12	North Anna	N/I	Martha James			A fun run, novices can carry around the fallsline rapid if needed
10/2		Russell Fork Rendezvous Gauley Release	I/A	For			
10/9	13	Pound River Russell Fork	I	David Bernard			Joint trip with Monocacy Club. Dam release in stunning far Southwest Virginia
10/9		Garlic Festival near Balcony / Gauley Release	All / A	For			

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Nate Houser Runs Devils Kitchen on the Maury River

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Quarterly Meeting
Saturday, July 17
See Page 3 for Details

Dated Material: Please Expedite!